

WORKSHEET



JOURNALING YOUR THOUGHTS

- What do you like about your current job/ your former job?
- What do you entirely dislike about your current job / former job?
- What would an average Tuesday ahead look like?
- What tasks would there be to do, what kind of phone calls, what would be the team structure?
- What skills do you currently have and love?
- What skills would you like to add?
- What was a talent you not only always admired by your colleagues but that you also would love to incorporate in your daily work?

SEARCH FOR JOB TITLES & DO THE REALITY CHECK

From a scale from 1-5 (5 being the best case) how would you rate:

Job Title

Sounds interesting Fits my vision of a perfect Tuesday Fits my skillset Does not fit my skillset but:

WHO DO YOU WANT TO WORK WITH AND WHERE WOULD THAT

- Do you like to work with fast-paced, entrepreneurial people?
- Or do you prefer to have first-hand contact with people from very diverse cultural backgrounds?
- Are you more looking for traditionalists or thought-provoking people?
- Also, think about in what setting you would like to work?
- Are you ok with working alone or do you or do you prefer larger teams?
- Would you prefer working from home, from the office, or maybe even a mix of everything?
- Think about your personal preferences and write down what comes to your mind.

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CAREER VISION

MY CAREER VISION

DON'T WANT TO WORK ON IT ALL BY YOURSELF?

Join a mastermind group or book a 1:1 coaching session

FIND YOUR TRIBE!

GROUP COACHINGS

Join our group coaching sessions and And look forward to great women, eye-opening coaching exercises, and a great atmosphere no matter where you are in the world.



1:1 COACHING SESSIONS

LET ME BE YOUR COACH

Do you want to work specifically on your own future? Fill out a short form and I will send you a personalized offer.

SELF-LEARNING

DOWNLOAD YOUR EXPAT CAREER WORKBOOK

Do you prefer to work alone? No problem! With my Career Workbooks you have the right resources to get started.



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