



**I AM**

*Grateful*

**FOR**

**3 developments I am thankful for this year**

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**A moment that taught me a lesson this year**

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**The kindest thing someone did for me**

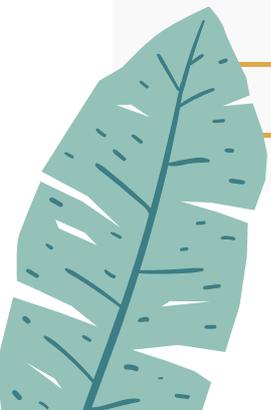
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**I AM**

*Grateful*

**FOR**

**A person I enjoy being around**

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**Something I have learnt recently that will help me in the future**

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**The best thing about my current life**

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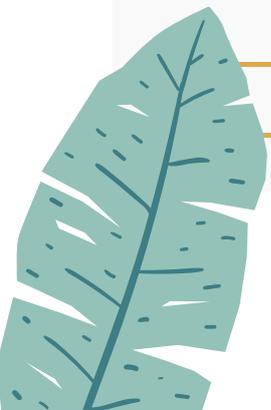
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**I AM**

*Grateful*

**FOR**

**What is different about my life right now compared to 1 year ago?**

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**Something I am looking forward in the future**

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**What I want to do more/less than today**

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